Astrological parlance of macro and micro nutrients

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ABSTRACT

The dietary minerals are astro-elements. They maintain normal biochemical physiology and anatomical strength. Their deficiencies under unfavorable planetary configurations cause health-maladies.

Keywords: Astro- element, Zodiacal salt, macronutrient, micronutrient.

INTRODUCTION

The dietary minerals are chemical elements, derived from biogeochemical process. About 26 elements including carbon, hydrogen, oxygen, nitrogen used for human biochemical machinery. They are indispensable for water and electrolyte metabolisms and contribute to nutrition as macro/micro nutrients. The minerals are an integral part of essential physiological compounds such as zinc in metalloenzymes and insulin, iodine in thyroxine, iron in hemoglobin, cobalt in vitamin B12, sulphur in coenzyme A and lipoic acid. The physiological chemistry is impaired by the deficiencies of minerals.

Theoretical methodology

The dietary minerals are astro-elements because they are governed by zodiacal signs and planets. We classify major minerals in three astrological categories.

1. Solar elements – Na⁺
2. Lunar elements – Mg²⁺
3. Mercurial elements are sub-classified
   • Gemini – Ca²⁺, Zn²⁺, Cu²⁺, Cr³⁺, Fe³⁺
   • Virgo – K⁺, Cl⁻

Interestingly each zodiacal sign has tissue salts (Table) composed of cations and anions. The extracellular and intracellular cell compartments have Na⁺, K⁺, Ca²⁺, Cl⁻. They define ion-channels of cell-membrane receptors of pharmacological importance.

DISCUSSION AND RESULT

The essential minerals of the physiological importance includes macro/micro nutrients (Table-two). The sun/moon (royal planets) and mercury participate in cosmic regulation of macro-nutrients (Na⁺, K⁺, Ca²⁺, Mg²⁺, Fe³⁺). Surprisingly zodiacal tissue salts have cations and anions. Both the ions exhibited the astro compliance with classification of astroelements.

Micronutrients are biochemical players of human metabolism. They act as cofactors, coenzymes, genetic controllers, and free radical quenchers for oxidative metabolism. The ergonomics of metabolism (ATP generation for bioenergetics machinery through energy rich bonds) utilizes Cu²⁺ and Fe³⁺ in electron transport system. Both minerals are mercurial elements, therefore they have functional duality in redox reactions for electron transport, supported by mutable Gemini zodiacal sign. The impaired biochemical function causes functional defects and depletes the levels of micronutrients, therefore their deficiencies are clinically manifested. The specific micronutrients of food improve the health and patient recovery. Micronutrients interactions should be avoided. It is attributed to planetary enmity and zodiacal incompatibilities, for example calcium and iron become antagonist, if mars and Jupiter are debilitating in negative zodiacal signs. We made novel approach for public health welfare by offering cosmic connectivity and occult communication of astrology.
CONCLUSION

Minerals nutrients are the most essential physiological entities for the survival of human body. The configurational trine of sun, moon, and mercury includes almost all the macro/micro nutrients to sustain livingness. The unfavorable influences of them retrograde the performance of dietary minerals. The versatile diet composed of vegetables, fruit of dietary minerals. The versatile diet composed of macro/micro nutrients to sustain livingness. The trine of sun, moon, and mercury includes almost all the entities for the survival of human body.

REFERENCES