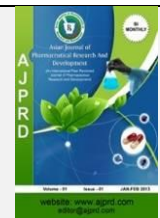


Available online on 15.04.2026 at <http://ajprd.com>

# Asian Journal of Pharmaceutical Research and Development

Open Access to Pharmaceutical and Medical Research

© 2013-25, publisher and licensee AJPRD, This is an Open Access article which permits unrestricted non-commercial use, provided the original work is properly cited

Open  Access

Review Article

## Niosomal Nanovesicular Spray Systems for Topical Drug Delivery: Formulation Strategies, Characterization, and Therapeutic Applications

**Shaikh Zoya Fatema\*, Vaidya Vijay D, Borkar Shilpa S, Baheti Jagdish**

Kamla Nehru College of Pharmacy, Borkhedi Gate, Butibori, Nagpur, India-441108

### ABSTRACT

Topical drug delivery is commonly used for localized therapy, but conventional gels, creams, and ointments often face limitations in skin penetration and consistent therapeutic response. Niosome-based nanosprays provide an advanced alternative by encapsulating both hydrophilic and lipophilic drugs in non-ionic surfactant vesicles with a bilayer structure. Key formulation factors affecting performance include surfactant type, cholesterol content, vesicle size and surface properties, and drying methods. Converting liquid dispersions into dry nanospray powders enhances stability, handling, and storage while preserving vesicle integrity. Preclinical studies show that niosomal nanosprays penetrate deeper skin layers, extend dermal retention, and improve therapeutic outcomes for dermatological and inflammatory conditions compared with traditional topical systems. Despite these advantages, challenges remain in scaling up production, ensuring long-term stability, and validating clinical efficacy. Employing quality-by-design strategies and optimizing formulations are essential for translating niosome-based nanosprays into commercially viable and effective therapeutic products.

**Keywords:** Niosomes; Nanovesicular spray systems; Topical drug delivery; Transdermal therapy; Nanospray drying technology

**ARTICLE INFO:** Received 23 Nov. 2025 ; Review Complete 28 Dec. 2025 ; Accepted 26 Feb. 2026; Available online 15 April. 2026



#### Cite this article as:

Fatema SZ, Vaidya V D, Borkar S S, Baheti J, Niosomal Nanovesicular Spray Systems for Topical Drug Delivery: Formulation Strategies, Characterization, and Therapeutic Applications, *Asian Journal of Pharmaceutical Research and Development*. 2026; 14(2):87-97, DOI: <http://dx.doi.org/10.22270/ajprd.v14i2.1729>

\*Address for Correspondence:

Shaikh Zoya Fatema, Kamla Nehru College of Pharmacy, Borkhedi Gate, Butibori, Nagpur, India-441108

### INTRODUCTION

Niosomes are vesicular drug delivery systems composed of non-ionic surfactants and cholesterol that can encapsulate both hydrophilic and lipophilic drugs(1). As shown in Figure 1, the niosomal system exhibits high compatibility with solvents resulting in increased stability, bioavailability and solubility of both hydrophilic and lipophilic agents. In 1975, researchers introduced niosomes in order to solve the limitations of liposomal drug delivery(2). Niosomes are produced by the self-assembly of non-ionic surfactants (such as Span, Tween or their derivatives) with cholesterol, thus creating a bilayer structure that behaves like liposomes, but also contains unique physicochemical properties based on the way the components within the niosome are combined (3). Although numerous studies have explored niosomal vesicles for drug delivery, most reviews primarily focus on conventional liquid dispersions or semisolid formulations. Limited attention has been given to the development of nanospray-

dried niosomal systems that combine vesicular carriers with advanced spray drying technology. Such systems may improve storage stability, facilitate controlled drug release, and enable convenient administration through topical or mucosal routes. Therefore, the present review aims to summarize current progress in the formulation of niosomal systems, the principles of nanospray drying, and the potential applications of spray-based vesicular drug delivery platforms. Although numerous studies have reported the development of niosomal drug delivery systems, limited attention has been given to the integration of vesicular carriers with nanospray drying technology. The combination of these two approaches may significantly improve formulation stability, storage properties, and drug delivery efficiency. This review therefore summarizes current advances in niosomal formulation strategies and nanospray drying technology, with particular emphasis on their potential for topical and mucosal drug delivery applications(4-6).



Figure 1: Structure of niosomal vesicle

Table 1. Classification of niosomal systems along with their structural composition and the major functional advantages associated with their use in drug delivery applications.

Aspect	Details
Types of Niosomes	Proniosomes – dry precursor systems forming niosomes upon hydration; Elastic niosomes – deformable vesicles for enhanced transdermal delivery; Polyhedral niosomes – geometrically defined vesicles; Discosomes – disc-shaped, structurally stable vesicles; Aspasomes – vesicles containing ascorbyl palmitate with antioxidant potential(7).
Core Components	Non-ionic surfactants (Span, Tween) forming bilayer membrane; Cholesterol for membrane rigidity and reduced leakage; Charge-inducing agents (dicetyl phosphate, stearylamine) to prevent aggregation; Edge activators (Tween 80, PEG) for flexibility and enhanced penetration; Aqueous core for hydrophilic drug entrapment(8).
Formulation Variables	Surfactant:cholesterol ratio (commonly 1:1 or 2:1) influences vesicle stability, entrapment efficiency and release characteristics(9).
Key Advantages	Improved oxidative and hydrolytic stability; cost-effective production; adaptable for oral, topical, parenteral and transdermal routes; protection of labile drugs; capability to encapsulate both hydrophilic and lipophilic drugs; relatively low toxicity due to non-ionic nature(10).

Mechanism of skin permeation of niosomes

Several mechanisms of penetration have been described: Niosomes aggregate, fuse, and adhere to the membranes of the corneocytes, creating high thermodynamic activity of the drug at the interface between vesicles and stratum corneum, thus driving the diffusion of lipid-soluble drugs into and through the barrier.

Niosomes can disrupt and liquefy the lipids in the stratum corneum, helping to make the intercellular barrier more "loose" and permeable, with the non-ionic surfactant acting as a penetration enhancer. Some intact vesicles may penetrate the upper layers of the stratum corneum or through appendageal routes (like hair follicles), and act as local depots of drugs that provide sustained release(11).

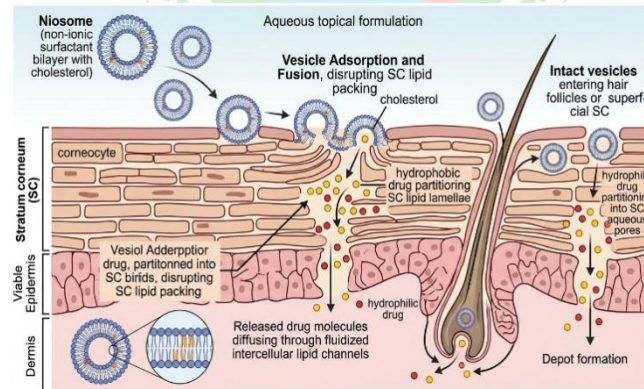


Figure 2: Mechanism of drug transport through skin using niosomes.

Table 2: Comparative overview of different vesicular carriers used in transdermal and topical drug delivery, highlighting differences in composition, flexibility, penetration mechanisms, and stability (12-15).

Feature	Niosomes	Liposomes	Transfersomes	Ethosomes
Main components	Non-ionic surfactants with cholesterol	Phospholipids with cholesterol	Phospholipids with edge activators	Phospholipids with high ethanol content
Flexibility	Moderately flexible	Relatively rigid	Highly deformable	Highly flexible due to ethanol
Penetration mechanism	Surfactants disturb skin lipids and promote vesicle fusion	Mainly act by hydration and occlusion of the skin barrier	Elastic vesicles pass through narrow intercellular spaces	Ethanol fluidizes skin lipids enabling deeper permeation
Depth of delivery	Mainly epidermal	Mostly superficial	Deeper epidermal or dermal delivery	Often deepest penetration

Stability & cost	Stable and relatively inexpensive	Costly with possible phospholipid degradation	Less stable due to edge activators	Ethanol may affect long-term stability
Irritation potential	Usually low	Low and well-established safety	Possible irritation at high surfactant levels	Ethanol may cause dryness or irritation

## NIOSOMAL NANOSPRAW

Nanospray drying has become a pivotal manufacturing method for converting water-based niosome dispersions to solid-form, stable and easily handled forms of niosomes (solid-form niosomes). The nanospray dry process enables quick removal of solvents at high speeds in combination with controlled morphology of the particles thus maintaining the integrity of the niosomal formulation while making niosomes dry powders ready to use for pharmaceutical product development<sup>(16,17)</sup>.

Through the combination of using niosomes and nanospray-drying techniques, greater control of particle characteristics

such as size/shape and moisture content occurs, all of which are critical to the successful release of drugs from niosomes and, further, to provide drugs with improved bioavailability and reproducibility with each batch of niosomes. Compared to traditional spray-drying processes, nanospray-drying creates smaller droplets due to shorter droplet retention time during drying, therefore less thermal damage to temperature-sensitive drugs, and less chemical degradation due to dryness of resulting powders. Due to these characteristics of the nanospray-dried niosomes they are ideally suited for non-invasive delivery methods such as nose, lungs or skin<sup>(18-23)</sup>.

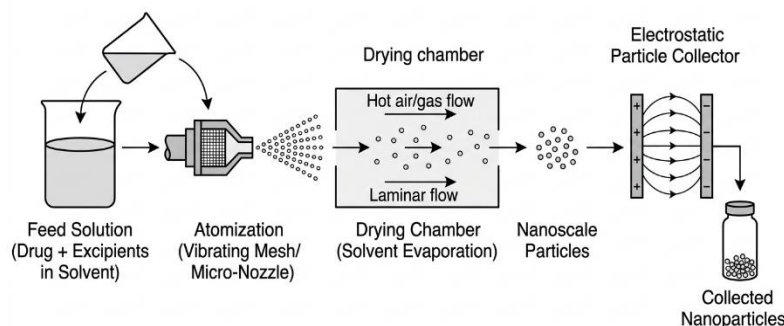


Figure 3: Basic steps involved in the nanospray drying process.

### Ideal Characteristics of Niosomal Nanospray

1. Efficient drug entrapment is essential to improve therapeutic performance. A well-designed niosomal system should be able to carry both hydrophilic and lipophilic drugs effectively.
2. Niosomal nanosprays with particle sizes around 100–300 nm and uniform distribution help achieve better drug release and enhance penetration across biological barriers, improving cellular uptake.
3. Stability during storage and use is critical. Maintaining vesicle integrity prevents drug leakage and aggregation, while nanospray drying into powder form improves stability by reducing moisture-related degradation.
4. The formulation should allow controlled and sustained drug release, ideally responding to factors like pH, temperature, or enzymes, to ensure targeted action and minimize side effects.
5. All formulation components, especially surfactants and cholesterol, must be safe and non-irritating, ensuring compatibility with the body for different routes of administration such as nasal, pulmonary, or topical use<sup>(24)</sup>.

### Nanospray Performance of Niosomes is affected by a Variety of Factors

1. **Surfactant Concentration or Type** : The selection of non-ionic surfactant (Span, Tween) has an impact on how vesicles will be formed, what size they are, and whether they are stable.
2. **Cholesterol Content** : Cholesterol acts to stabilize the niosome's bilayer, increase its rigidity, and decrease the niosome's permeability.
3. **Manufacturing Method** : Physically manufacturing niosomes by using thin film hydration, reverse phase evaporation, or microfluidization may yield niosomes with different lamellarity, drug loading, or sizes; Drying using nanospray drying needs to control inlet temperature, feed rate, atomization, and other similar parameters in order to produce a particle that has an optimal morphology and moisture content.
4. **Drug Properties** : The molecular weight of the drug being encapsulated, its solubility, and whether or not it is stable will all determine how efficiently and completely the drug is encapsulated and released from a niosome. A hydrophobic drug will typically form part of the bilayer structure of a niosome, while a hydrophilic drug will be found in the niosome's aqueous core
5. **Environmental Conditions** : The stability of a niosome including how well it will release its drug will be affected by environmental conditions, such as pH, ionic strength, and temperature. Stimuli-responsive niosomes are able to

sense their pathological microenvironment and to release their drug quickly once they reach that location.

6. **Route of Administration:** The route of administration (e.g., nasal, pulmonary, or topical) determines the differences in the drug delivery system as indicated by the requirements associated with the formulation for the specific route of administration (e.g., particle size, moisture content, and compatibility of excipients with the drug). The formulation of Niosomal Nanospray Technology utilizes the benefits of modernizing the formulation process and additionally modernizes the drying (i.e., the production of stable nanoparticles) to deliver targeted delivery systems for increased efficacy of drugs<sup>(25)</sup>.

### Drug Release Behavior of Nanospray-Dried Niosomes

Nanospray-dried niosomal systems release drugs via either diffusion through their vesicular membranes or matrix degradation, or also by some combination of these processes. The majority of formulation release profiles typically have a very rapid initial phase due to surface-associated drug(s) and a longer-lasting phase due to drug diffusion from the liposome into the bilayer or aqueous core. Many mathematical models of these systems also agree with diffusion kinetics, indicating the importance of niosome

construction in determining the drug transport mechanisms for all these formulations.

Another factor that affects the rate of drug delivery/absorption is the method of administration. In particular, a nanospray-dried niosome product may improve the ability to interact with and remain on the nasal and pulmonary mucosa, thereby increasing inhaled drug absorption. In the case of transdermal drug administration, the niosome structure can enhance interactions with dermal lipids, thus producing localized drug deposition and a prolonged release profile<sup>(26,27)</sup>.

### Broader Pharmaceutical Relevance of Nanospray Technology

Beyond particle size control, nanospray drying contributes to improved formulation robustness by enabling the production of dry powders with reduced hygroscopicity and enhanced storage stability. The technology also offers opportunities for surface functionalization and co-processing with stabilizing excipients, allowing the development of multifunctional delivery systems. From a manufacturing perspective, nanospray drying represents a bridge between laboratory-scale formulation development and scalable solid dosage production, although further optimization is required to address throughput and regulatory validation<sup>(28-33)</sup>.

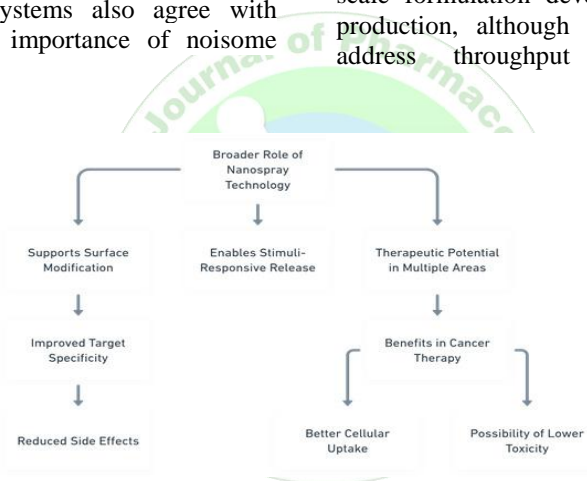


Figure 4: Role of nanospray technology in improving drug delivery performance.

### Recent Research on Niosomal and Nano Spray-Dried Vesicular Systems

Table 3: Summary of selected recent studies reporting the development and evaluation of niosomal formulations and nanospray-dried vesicular delivery systems.

Author(s)	Drug / Active Compound	Delivery System / Formulation	Key Findings	References
Glaubitt K., et al. (2019)	Lipid-based formulations	Nano spray-dried solid lipid nanoparticles	Nano spray drying enabled conversion of SLN emulsions into dry powders with good recovery. However, certain lipid compositions showed a tendency toward particle aggregation during drying.	(34)
Makvana C., et al. (2019)	Antihypertensive agent	Niosomal controlled-release formulation	Optimized niosomal vesicles demonstrated high drug entrapment efficiency (79–98%) and vesicle sizes ranging from 2.5–3.4 μm, producing sustained drug release profiles.	(35)
Elbary A.A., et al. (2021)	Chloroquine	Spray-dried niosomes for pulmonary delivery	Spray drying with lactose carriers produced inhalable niosomal powders that prolonged lung retention while minimizing systemic exposure.	(36)
Aldawsari M.F., et al. (2021)	Nanoparticle formulations	Chitosan nanocomposite microparticles prepared by nano spray drying	The nano spray drying process improved aerosol performance and encapsulation efficiency, suggesting suitability for pulmonary drug delivery systems.	(37)

Ghasemiyeh P., et al. (2024)	Lipid-based drugs	Spray-dried solid lipid and nanostructured lipid carriers	Spray drying provided scalable production of stable lipid nanoparticle powders with enhanced drug stability and improved potential for inhalation therapies.	(38)
Patel R., et al. (2023)	Various therapeutic agents	Spray-dried nanoparticle agglomerates	Controlled agglomeration of nanoparticles into respirable microparticles improved lung deposition and enhanced therapeutic performance in respiratory applications.	(39)
Alshehri S., et al. (2020)	Repaglinide	Surface-modified niosomes	Modification of surfactant composition and vesicle charge significantly enhanced oral bioavailability of the poorly soluble antidiabetic drug.	(40)
Makwana C., et al. (2024)	Nisin	Niosomes incorporated into fast-disintegrating films	Microfluidic-prepared niosomes provided sustained drug release and demonstrated antimicrobial activity against Gram-positive bacteria when delivered via oral mucosal films.	(41)
Demir S., Degim I.T. (2020)	Chitosan (model polymer)	Chitosan nanoparticles via nano spray drying	Particle size could be controlled by adjusting spray dryer nozzle size; increased polymer concentration improved yield and surface charge stability.	(42)
Arpagaus C., et al. (2022)	Peptides and proteins	Nano spray-dried vesicular formulations	The technique allowed gentle drying of thermosensitive biomolecules producing particles as small as ~300 nm with high production efficiency.	(43)

**MAJOR ADVANCEMENTS:** Three major advancements that have contributed to the development of niosomal nanospray formulations as successful drug delivery vehicles can be categorized as follows: Surfactant compositions, surface modifications and stimuli responsive niosomal formulations.

- 1. Optimized surfactant compositions:** The use of specific non-ionic surfactants in combination is vital for the formulation of niosomal nanosprays, as they each affect the size, stability and drug loading ability of the niosome vesicle. Surfactants with a different Hydrophilic-Lipophilic Balance (HLB) Value can therefore be selected to provide a variety of vesicle characteristics. By selecting surfactants that have appropriate HLB values, the manufacturers can create a stable and uniform niosome. Manufacturers may use a combination of surfactants with different HLB values to generate vesicles that possess a higher degree of structural integrity, and to retain the drug for longer periods of time during storage<sup>29</sup>. Novel amphiphilic surfactants based upon natural sources, such as sugars and amino acids, are being investigated as a means of providing niosomes with an improved safety profile. These surfactants enhance the biocompatibility of niosomes while also reducing irritancy and/or toxicity. Overall, the advancements noted above will enable improvements in formulation performance through the determination of greater physicochemical stability, increased entrapment efficiency, and improved controlled release of drug in vivo<sup>(44,45)</sup>.
- 2. Surface Modification:** Another significant improvement in niosomal nanospray formulations is the incorporation of surface-modified niosomes for targeted delivery. Researchers have created new targeted drug delivery systems by using specific ligands and/or molecules to modify the surface of the niosomes. These targeted drug delivery systems can selectively accumulate within desired tissues/organs, and they are particularly

promising in the field of Cancer Therapy because niosomes that have been modified with tumor-specific antibodies/peptides increase drug accumulation within Tumor tissues and decrease off-target effects. The incorporation of cell-penetrating peptides onto the surface of niosomes has allowed drugs to be delivered intracellularly by providing them access to the intracellular milieu bypassing cellular barriers that typically impede their effectiveness. The surface modification of niosomes using polyethylene glycol (PEG), has also been widely used to generate "Stealth" Niosomes, increasing circulation times and decreasing the clearance of niosomes via the reticuloendothelial system. Mucosal Penetration and Bioavailability: The introduction of nanospray formulations significantly improves mucosal penetration and bioavailability of niosomes. By enabling niosomes to penetrate mucosal barriers more efficiently than previously possible, nanosprays facilitate the cellular absorption of niosome formulation drugs, resulting in increased drug bioavailability for poorly soluble or poorly absorbed drugs. The improvements made in mucosal penetration and bioavailability through nanospray formulations expand the number of drugs eligible for noninvasive delivery options as well as improving therapeutic outcomes<sup>(45-47)</sup>.

- 3. Stimuli-responsive niosome systems:** It is an advanced application of niosome technology which offer the ability to control drug delivery at the target site through the use of chemical/physical changes induced by internal or external stimuli. An example of this type of niosome system is the pH-dependent niosome system. These niosome systems utilize the acidic microenvironment associated with tumor tissue and/or intracellular compartments to enable drug release at a defined pH. The formulation typically includes lipid/polymers that exhibit a pH-dependent structure change (e.g., conformation or degradation) under acidic conditions which results in the

destabilization of the niosome vesicle and drug release. Thermoresponsive niosome systems have also been researched; this system utilizes the temperature-dependent phase transitions of the thermosensitive component which trigger drug release when they reach their target temperature. These systems have been found to be effective when combined with localized heating (e.g., hyperthermia) for treating cancers. Additionally, redox-responsive niosome systems release their contents in response to elevated levels of glutathione in tumor cells, providing an alternative approach to intratumoral drug delivery. Light-responsive or ultrasound-responsive niosome systems can be employed as methods to locally trigger the release of the therapeutic agent(s) in a precise time frame and location, leading to potentially better therapeutic effects with minimal side effects<sup>(48-50)</sup>.

4. **Nanospray Drying Technologies:** The development of nanospray dry technology has made it possible to manufacture dry powder niosomes that have uniform size and shape. These dry powders are more stable than other

methods of producing niosomes and are ideal for administration through the lungs (pulmonary route) or nose (nasal route). Administering drugs through these routes provides new opportunities to treat both respiratory illnesses and systemic conditions without requiring injections, increasing comfort and compliance for patients<sup>(51,52)</sup>.

5. **Pulmonary drug delivery applications:** Niosome formulations are being examined for their ability to deliver drugs through the pulmonary route. Niosome formulations have the ability to deposit drug deep within the lung, therefore improving lung delivery of the drug to the alveoli. Additionally, niosome formulations protect the drug from degradation by enzymes located within the lung and thus allow for sustained release of drugs over time, reducing dosing frequency. The administration of medication through the lungs using niosome-based products for people who suffer from conditions such as asthma, COPD, and lung cancer has many advantages over existing treatment options<sup>(53,54)</sup>.

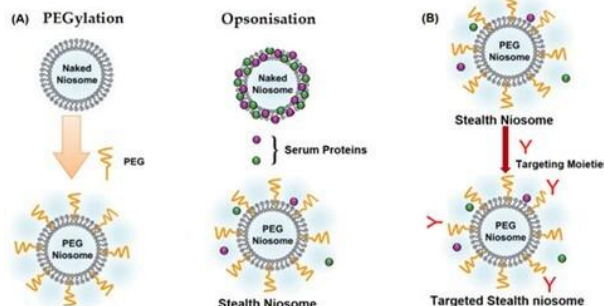


Figure 5: Surface modification of niosomes for improved circulation and targeting.

The advantages of Niosomal Nanospray are summarized in table 3(55-57).

Table 4: Advantages of Niosomal Nanospray

Advantage	Description
<b>A. Improved stability</b>	Niosomal nanosprays offer better protection for drugs against light, heat, and pH variations. Their bilayer structure shields active compounds from degradation, resulting in longer shelf life and improved therapeutic reliability.
<b>B. Lower cost</b>	The use of non-ionic surfactants and a simpler production method makes these systems more economical than many other nanocarriers. Lower material cost and straightforward scale-up reduce overall manufacturing expenses.
<b>C. Easier large-scale production</b>	The preparation method can be readily transferred to industrial equipment, allowing smooth scale-up from lab batches to commercial quantities. This supports their feasibility for mass production.
<b>D. Better control over particle size</b>	Nanospray technology provides precise control over particle size and uniformity. Consistent particle distribution helps achieve predictable drug release and effective targeting.
<b>E. Higher drug encapsulation efficiency</b>	The vesicular structure accommodates both water-soluble and lipid-soluble drugs, allowing more of the drug to be trapped within the niosomes. This can reduce the required dose and limit wastage.
<b>F. Enhanced cellular uptake</b>	Their nanoscale size and favorable surface characteristics promote better interaction with cell membranes. This leads to improved internalization and stronger therapeutic activity, especially for drugs with limited cellular penetration.

Table 5: Comparative evaluation of nanospray drying and commonly used particle fabrication techniques in pharmaceutical drug delivery(58-60).

Attribute	Nanospray Drying	Conventional Spray Drying	Freeze Drying (Lyophilization)	Vesicle Preparation without Drying
Typical particle size	100–300 nm	0.5–5 μm	Micron-scale aggregates	200–1000 nm
Particle size uniformity	High	Moderate to low	Low	Low
Encapsulation efficiency	High	Moderate	Variable	Moderate
Exposure to thermal stress	Moderate (short exposure)	High	Minimal	None
Moisture content of final product	Low	Moderate	Very low	High
Physical stability during storage	High	Moderate	High	Low

Powder flow and dispersibility	Good	Moderate	Poor (requires post-processing)	Not applicable
Process duration	Short	Short	Long	Short
Scalability	Moderate (emerging industrial adoption)	High	Limited	Limited
Suitability for inhalation or nasal delivery	High	Limited	Limited	Poor
Regulatory familiarity	Emerging	Established	Established	Limited

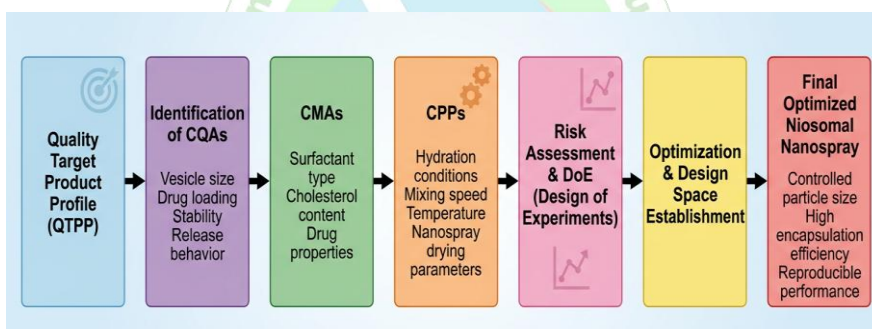
These characterization techniques provide essential information regarding vesicle stability and drug loading capacity. Particle size and zeta potential measurements are particularly important because they influence vesicle aggregation, storage stability, and interaction with biological membranes.

**QUALITY BY DESIGN (QBD) OF NIOSOMAL NANOSPRAY:** By first defining what "quality" means to the patient and then methodically determining which materials, production stages, and qualities need to be regulated, Quality by Design provides an organized approach to creating a niosomal nanospray. Qbd is particularly helpful for connecting formulation parameters to particle size, stability, and performance in nanosystems such as niosomes/nanocrystals.

- Essential Qbd Components:** CMA, CPP, and CQA the Quality Target Product Profile (QTPP) is the first step in Qbd for pharmaceuticals. Next, Critical Quality

Attributes (CQAs), Critical Material Attributes (CMAs), and Critical Process Parameters (CPPs) are identified, and they are connected by risk assessment and Doe.

- CQAs** are characteristics that must not exceed certain thresholds in order to guarantee quality; in nano, semi-solid, and topical systems, these characteristics include drug concentration, particle size and distribution, pH, rheology/viscosity, penetration rate, and chemical, physical, and microbiological stability.
- CMAs:** important characteristics of drugs and excipients that influence CQAs, such as API solubility, polymorph, lipophilicity, particle shape, surfactant type/HLB, and stabilizer level.
- CPPs:** Process variables such as mixing speed, temperature, milling speed/time, addition order, and heating/cooling rates are examples of CPPs whose variability affects CQAs<sup>(61-64)</sup>.



**Figure 6:** Quality by Design (Qbd) approach for optimization of niosomal formulations.

### Recent Patents on Niosomal Spray Systems

Recent patent filings demonstrate increasing interest in vesicular systems for dermal drug delivery. Several

innovations describe the use of niosomal carriers to improve drug stability, enhance penetration through the skin barrier, and optimize therapeutic performance

**Table 6:** Representative patents describing recent innovations related to niosomal formulations and nanovesicular spray systems for dermal and topical therapeutic applications.

Patent Title	Patent Number	Year	Country / Office	Key Innovation	References
Topical composition containing cannabidiol-loaded niosomes	US20230081357A1	2023	United States (USPTO)	Describes a dermal formulation in which cannabidiol is encapsulated in nanoscale niosomal vesicles to improve stability and enhance penetration through the skin barrier.	(65)
Topical pharmaceutical formulation for treatment of chronic pelvic pain	US20240033213	2024	United States (USPTO)	Reports a topical therapeutic system incorporating active agents within niosomal carriers to promote improved permeation and localized therapeutic action.	(66)
Therapeutic topical composition for skin applications	WO2025078919A1	2025	WIPO (International Patent)	Introduces an advanced dermal formulation designed for skin treatment that can accommodate nanovesicular delivery systems to enhance drug transport across the skin.	(67)

### Current clinical data and translation status

1. Despite extensive preclinical investigation, the clinical translation of niosomal drug delivery systems remains limited. The majority of reported studies focus on in vitro characterization and animal models, with relatively few formulations progressing to human evaluation. Where clinical data are available, they predominantly involve topical semisolid preparations rather than spray-based delivery systems.
2. For nasal and pulmonary administration, nanospray-dried niosomal formulations are largely confined to preclinical research, often utilizing rodent models or ex vivo tissue to demonstrate enhanced drug deposition and absorption. Although these findings highlight the potential of niosomal nanosprays for non-invasive delivery, they do not yet provide sufficient evidence to support clinical adoption. To date, no fully developed niosomal nasal or ocular spray has received regulatory approval for human use.
3. Key translational barriers include challenges associated with large-scale manufacturing, batch-to-batch reproducibility, and long-term safety evaluation. In addition, regulatory expectations for inhalation and nasal products impose stringent requirements on particle size control, aerodynamic performance, and excipient safety. Addressing these issues will require coordinated efforts integrating formulation science, process engineering, and regulatory strategy to advance nanospray-dried niosomal systems toward clinical and commercial viability<sup>(68,69)</sup>.

**Scale-Up and Manufacturing:** In addition to improving how nanospray formulations enhance mucosal penetration and bioavailability, great steps forward have also been made in the scale-up of production and manufacturing methods of niosomal nanosprays. With the advancement of drying apparatuses and quality-assurance-testing protocols developed for nanospray formulations, consistent reproducibility and batch-to-batch consistency have been achieved, thus providing for clinical translatability. Scalable methods for producing niosomal nanospray products support the transition from laboratory studies to commercial use and clinical application, allowing for future widespread acceptance of niosomal nanospray-based drug delivery technologies<sup>(70-73)</sup>.

### CHALLENGES AND FUTURE DIRECTIONS.

**Challenges of Large-Scale Production:** One challenge of the commercial large-scale production of niosomal nanospray formulations is the requirement to maintain precise control over several key variables to ensure consistent , maintain consistent size, form and encapsulation efficiency of nanoparticles. In addition, producing uniformity across large batches is key to ensuring that the finished product meets all regulatory guidelines and is of acceptable quality. Current lab-scale techniques may not provide an accurate representation of industrial methods, thus requiring the development of new manufacturing equipment and processes. Some potential methods for large-scale production include

continuous flow and microfluidics, both of which are still in need of additional optimization. There is also a need to investigate the economic viability of manufacturing Niosomal Nanospray formulations at a commercial scale in order for them to be economically feasible.<sup>(74,75)</sup>

Despite promising research outcomes, several challenges remain in the development of niosomal nanospray formulations. These include potential vesicle aggregation during drying, limited large-scale manufacturing processes, and variations in formulation stability during long-term storage. In addition, regulatory guidelines for vesicular nanosystems are still evolving, which may complicate the translation of laboratory findings into commercial pharmaceutical products<sup>(76)</sup>.

### Areas for Future Research

1. Enhance the specificity of the targeting of the drug using novel methods for surface modification to enhance the tissue selective capability of the formulation.
2. To develop stimuli responsive niosomes for releasing the drug at defined points in time based on the physiological stimulus that is affecting the patient.
3. Enhance the understanding of the biodistribution and metabolism of niosome formulations and their long term safety.
4. Create predictive in vitro models of niosome formulation performance that better correlate with in vivo performance.
5. Investigate using niosome formulations for Gene Therapy, vaccines, and Diagnostic imaging.
6. Implement Green Synthesis methods to promote a more sustainable environment.
7. Future research should focus on optimizing formulation parameters to improve vesicle stability during the nanospray drying process. Advances in formulation design, process optimization, and quality-by-design approaches may further enhance the reproducibility and scalability of niosomal nanospray systems. Additionally, clinical investigations will be necessary to confirm the therapeutic benefits and safety of these delivery platforms.

**CONCLUSION:** Niosomal nanovesicular spray systems represent a significant advancement in modern drug delivery research, offering an innovative solution to overcome the limitations associated with conventional topical formulations. By combining the structural advantages of niosomal vesicles with nanospray drying technology, these systems provide improved drug stability, enhanced penetration through biological barriers, and controlled release characteristics. Their ability to encapsulate both hydrophilic and lipophilic molecules further expands their applicability across diverse therapeutic areas. Recent developments in formulation design, surface modification, and quality-by-design approaches have strengthened the potential of these systems as efficient carriers for targeted and non-invasive drug delivery. Despite promising experimental outcomes, important challenges such as large-scale production, regulatory evaluation, and clinical confirmation must still be addressed. Continued

interdisciplinary research integrating pharmaceutical formulation, process engineering, and clinical investigation will be critical to translate niosomal nanospray platforms into reliable and commercially viable therapeutic technologies.

**CONFLICT OF INTEREST:** The author's declare no conflict of interest.

## REFERENCES

- Vardhan H, Khan A, Jain A, Singhai AK. Niosomes in Drug Delivery: Current Researches in Niosomes. Asian Journal of Research in Pharmaceutical Sciences. 2025;15(1):44-56.doi: 10.52711/2231-5659.2025.00007.
- Fadaei MS, Fadaei MR, Kheirieh AE, Rahmanian-Devin P, Dabbaghi MM, Tavallaei KN, Shafaghi A, Hatami H, Rahimi VB, Nokhodchi A, Askari VR. Niosome as a promising tool for increasing the effectiveness of anti-inflammatory compounds. EXCLI journal. 2024 Feb 7;23:212. doi : 10.17179/excli2023-6868
- Nikam VD, Sonawane MP, Pawar KS, Rathod A. Current developments in Niosomes: Brand new extended release-An Introduction to Nonionic Stable Vesicular Systems. Research Journal of Pharmaceutical Dosage Forms and Technology. 2024 Apr 1;16(2):178-82.doi: 10.52711/0975-4377.2024.00028
- Prabhjot K, Loveleenpreet K. Niosomes used as Targeting Drug Delivery System: A Overview. Asian Journal of Research in Chemistry. 2014 Jul 1;7(7):6.
- Desai SV, Joshi B, Upadhyay U. An overview on niosomes as novel drug delivery systems. Research Journal of Pharmaceutical Dosage Forms and Technology. 2020 Oct 1;12(4):271-81.doi: 10.5958/0975-4377.2020.00045.2
- G DB VL. P Recent advances of non-ionic surfactant-based nanovesicles (niosomes and proniosomes): a brief review of these in enhancing transdermal delivery of drug. Future Journal of Pharmaceutical Sciences. 2020;6(1):100.https://doi.org/10.1186/s43094-020-00117-y
- Barani M, Paknia F, Roostaee M, Kavyani B, Kalantar-Neyestanaki D, Ajalli N, Amirbeigi A. Niosome as an effective nanoscale solution for the treatment of microbial infections. BioMed research international. 2023;2023(1):9933283.https://doi.org/10.1155/2023/9933283.
- Sharma S, Garg A, Agrawal R, Chopra H, Pathak D. A comprehensive review on niosomes as a tool for advanced drug delivery. Pharmaceutical Nanotechnology. 2024 Jun 1;12(3):206-28. https://doi.org/10.2174/2211738511666230726154557
- Kaur P, Rani R, Singh AP, Singh AP. An Overview of Niosomes. Journal of Drug Delivery & Therapeutics. 2024 Mar 1;14(3).https://doi.org/10.22270/jddt.v14i3.6450
- Nowroozi F, Almasi A, Javidi J, Haeri A, Dadashzadeh S. Effect of surfactant type, cholesterol content and various downsizing methods on the particle size of niosomes. Iranian journal of pharmaceutical Research: IJPR. 2018;17(Suppl2):1.
- Umbarkar M. Niosome as a novel pharmaceutical drug delivery: a brief review highlighting formulation, types, composition and application. Indian Journal of Pharmaceutical Education and Research. 2021 Jan 1.
- Nguyen MH, Le TH, Nguyen TP, Le TN, Nguyen TY, Nguyen KA, Pham TT, Le MT. Niosomes: recent advances and applications in targeted drug delivery. VNUHCM Journal of Science and Technology Development. 2024 Sep 30;27(3):3507-34.DOI: 10.32508/stdj.v27i3.4420
- Almuqbil RM, Aldhubiab B. Ethosome-based transdermal drug delivery: its structural components, preparation techniques, and therapeutic applications across metabolic, chronic, and oncological conditions. Pharmaceutics. 2025 Apr 29;17(5):583.doi: 10.3390/pharmaceutics17050583
- Schlich M, Musazzi UM, Campani V, Biondi M, Franzé S, Lai F, De Rosa G, Sinico C, Cilurzo F. Design and development of topical liposomal formulations in a regulatory perspective. Drug Delivery and Translational Research. 2022 Aug;12(8):1811-28.doi: 10.1007/s13346-021-01089-z
- Abd El-Alim SH, Kassem AA, Basha M, Salama A. Comparative study of liposomes, ethosomes and transfersomes as carriers for enhancing the transdermal delivery of diflunisal: In vitro and in vivo evaluation. International journal of pharmaceutics. 2019 May 30;563:293-303.DOI: 10.1016/j.ijpharm.2019.04.001
- Shinde SS, Mandake GR, Nitalikar MM. Spray Drying: A Promising Technique to Enhance Solubility. Asian J. Pharm. Technol. 2018 Nov 3;8:255-60.doi: 10.5958/2231-5713.2018.00039.9
- Gugleva V, Petrov PD, Petrova M, Ugrinova I, Momekova D, Kamenova K, et al. pH-responsive niosome-based nanocarriers of antineoplastic agents. RSC Adv. 2024 Jan 1;14(16):11124–11140.doi :10.1039/d4ra01334d
- Umar H, Ahmad W, Gazzali AM, Wahab HA, Tahir H. Cubosomes: Design, Development, and Tumor-Targeted Drug Delivery Applications. Polymers. 2022 July 31;14(15):3118.https://doi.org/10.3390/polym14153118
- Witika BA, Chikukwa MTR, Makoni PA, Matafwali SK, Tshiamo KO, Edler K, et al. Vesicular drug delivery for the treatment of topical disorders: current and future perspectives. The Journal of pharmacy and pharmacology. 2021 Nov 1;73(11):1427–1441. doi:10.1093/jpp/rgab082
- Patel D, Patel B, Thakkar H. Lipid Based Nanocarriers: Promising Drug Delivery System for Topical Application. Euro J Lipid Sci & Tech. 2021 Mar 12;123(5):2000264.https://doi.org/10.1002/ejlt.202000264
- Witika BA, Bassey KE, Demana PH, Siwe-Noundou X, Poka MS. Current Advances in Specialised Niosomal Drug Delivery: Manufacture, Characterization and Drug Delivery Applications. IJMS. 2022 Aug 26;23(17):9668.https://doi.org/10.3390/ijms23179668
- Varshney S, Alam MA, Kaur A, Dhoundiyal S. Niosomes: A Smart Drug Delivery System for Brain Targeting. PNT. 2024 Apr 1;12(2):108–125.https://doi.org/10.2174/2211738511666230524143832
- Yasam VR, Jakki SL, Natarajan J, Kuppusamy G. A review on novel vesicular drug delivery: proniosomes. Drug Delivery. 2013 Oct 16;21(4):243–249. https://doi.org/10.3109/10717544.2013.841783
- Spitzenberg C, Bruckschlegel C, Holzhausen F, Boesl-Bichlmeier S, Pasquier C, Nuernberger P, et al. Encapsulants Affect Liposome Surface Interactions with Biological Systems. Small. 2025 June 19;21(33). https://doi.org/10.1002/sml.202505312
- Akbarzadeh I, Heidari F, Fatemizadeh M, Mousavi-Niri N. Niosomal Formulation for Co-Administration of Hydrophobic Anticancer Drugs into MCF-7 Cancer Cells. 2020 May 16;11(2).doi.org/10.22037/aab.v11i2.28906
- Rajput SM, Malek NI, Kumar S, Mata JP, Aswal VK, Kailasa SK, et al. Nano-Vehicles for Drug Delivery Using Low-Cost Cationic Surfactants: A Drug Induced Structural Transitions. ChemistrySelect. 2018 Aug 30;3(32):9454–9463.https://doi.org/10.1002/slct.201801111
- Gao S, Sui Z, Jiang Q, Jiang Y. Functional Evaluation of Niosomes Utilizing Surfactants in Nanomedicine Applications. IJN. 2024 Oct 1;19:10283–10305. https://doi.org/10.2147/IJN.S480639
- Joshi S, Singh SR, Dennis VA, White R, Sahu R. Comprehensive Screening of Drug Encapsulation and Co-Encapsulation into Niosomes Produced Using a Microfluidic Device. Processes. 2020 May 2;8(5):535. https://doi.org/10.3390/pr8050535
- Ammar HO, Haider M, Ibrahim M, El Hoffy NM. In vitro and in vivo investigation for optimization of niosomal ability for sustainment and bioavailability enhancement of diltiazem after nasal administration. Drug delivery. 2017 Jan 1;24(1):414-21.https://doi.org/10.1080/10717544.2016.1259371
- Ahmadi S, Seraj M, Chiani M, Hosseini S, Bazzazan S, Akbarzadeh I, Saffar S, Mostafavi E. In vitro development of controlled-release nanoniosomes for improved delivery and anticancer activity of letrozole for breast cancer treatment. International journal of nanomedicine. 2022 Dec 31;6233-55. doi: 10.2147/IJN.S384085
- Zaid Alkilani A, Abu-Zour H, Alshishani A, Abu-Huwajir R, Basheer HA, Abo-Zour H. Formulation and evaluation of niosomal alendronate sodium encapsulated in polymeric microneedles: in vitro studies, stability study and cytotoxicity study. Nanomaterials. 2022 Oct 12;12(20):3570.https://doi.org/10.3390/nano12203570
- Saharawat S, Verma S. A Comprehensive Review on Niosomes as a Strategy in Targeted Drug Delivery: Pharmaceutical, and Herbal Cosmetic Applications. CDD. 2024 Dec 1;21(11):1460–1473. doi:10.2174/0115672018269199231121055548
- Mansoori-Kermani A, Motasaddizadeh H, Rahbariasr N, Abdinezhad M, Khalighi S, Akbarzadeh I, et al. Engineered hyaluronic acid-decorated niosomal nanoparticles for controlled and targeted

- delivery of epirubicin to treat breast cancer. *Materials Today Bio.* 2022 July 6;16(6):100349.<https://doi.org/10.1016/j.mtbio.2022.100349>
34. Glaubitt K, Macke S, Mueller R, et al. Exploring the Nano Spray-Drying Technology as an Innovative Manufacturing Method for Solid Lipid Nanoparticle Dry Powders. *AAPS PharmSciTech.* 2019;20(1):25.]
  35. Makvana C. Formulation and Evaluation of Controlled Release Maintenance Dose Loaded Niosomes of Anti-Hypertensive Drug. *Int J Pharm Sci Dev Res.* 2019.]
  36. Elbary AA, et al. Intratracheal Administration of Chloroquine-Loaded Niosomes. *Pharmaceutics.* 2021.]
  37. Aldawsari MF, et al. Current Research on Spray-Dried Chitosan Nanocomposite Microparticles for Pulmonary Drug Delivery. *Curr Drug Deliv.* 2022.]
  38. Ghasemiyeh P, et al. Spray-Dried Nanolipid Powders for Pulmonary Drug Delivery. *Pharmaceutics.* 2024.]
  39. Patel R, et al. Spray Dried Nanoparticle for Pulmonary Delivery: Current Developments. *Indian J Pharm Educ Res.* 2023.]
  40. Alshehri S, et al. The Impact of Surfactant Composition and Surface Charge of Niosomes on the Oral Absorption of Repaglinide. *Int J Nanomedicine.* 2020.]
  41. Makwana C, et al. Fast-Disintegrating Oral Films Containing Nisin-Loaded Niosomes. *PubMed.* 2024.]
  42. Demir S, Degim IT. Preparation of Chitosan Nanoparticles by Nano Spray Drying Technology. *Semantic Scholar.* 2020.]
  43. Arpagaus C, et al. Evaluation of nano spray drying as a method for drying and formulation of therapeutic peptides and proteins. *J Nanomed Res.* 2022.]
  44. FirouziAmandi A, Bahmanyar Z, Dadashpour M, Lak M, Natami M, Dögüş Y, et al. Fabrication of magnetic niosomal platform for delivery of resveratrol: potential anticancer activity against human pancreatic cancer Capan-1 cell. *Cancer Cell Int.* 2024 Jan 29;24(1)doi: 10.1186/s12935-024-03219-2
  45. Padarathi P, V K, Challa RR, Vallamkonda B, Grandhe N, Dogiparthi LK, et al. Non-Ionic Surfactant Vesicles (Niosomes): Structure, Functions, Classification and its Advances in Enhanced Drug Delivery. *RADDF.* 2025 June 1;19(2):87–104. doi:10.2174/0126673878322982241126103404
  46. Ghaemi B, Tanwar S, Singh A, Barman I, Arifin DR, Bulte JWM, et al. Cell-Penetrating and Enzyme-Responsive Peptides for Targeted Cancer Therapy: Role of Arginine Residue Length on Cell Penetration and In Vivo Systemic Toxicity. *ACS Appl Mater Interfaces.* 2024 Feb 22;16(9):11159–11171. doi:10.1021/acsami.3c14908
  47. Wei W, Lu P. Engineering pH and Temperature-Triggered Drug Release with Metal-Organic Frameworks and Fatty Acids. *Molecules.* 2024 Nov 8;29(22):5291.<https://doi.org/10.3390/molecules29225291>
  48. Shaibie NA, Mohammad Faizal NDF, Buang F, Srichana T, Mohd Amin MCI. Inhaled biologics for respiratory diseases: clinical potential and emerging technologies. *Drug Deliv and Transl Res.* 2025 Jan 1;15(11):4098–4114.
  49. Rathod VG, Deshmukh NB, Deshmukh SP. Advanced Formulation Strategies for Enhancing the Bioavailability of Poorly Soluble Drugs: A Comprehensive Review. *AJPS.* 2025 Oct 4;429–432.doi:10.52711/2231-5659.2025.00064
  50. Nguyen MH, Le TH, Nguyen TP, Le TN, Nguyen TY, Nguyen KA, Pham TT, Le MT. Niosomes: recent advances and applications in targeted drug delivery. *VNUHCM Journal of Science and Technology Development.* 2024 Sep 30;27(3):3507–34.<https://doi.org/10.32508/stdj.v27i3.4420>
  51. Mahira Islam Asfie, Junayet Hossain Khan, Sultan Alshehri, Mohsin Kazi, Mohammad Hossain Shariare. Recent advances in nanocarriers as targeted drug delivery systems. *J. Bio. Exp. Pharm.* 2023;1(1):39–69..
  52. Ansari FA, Perazzolli M, Husain FM, Khan AS, Ahmed NZ, Meena RP. Novel decontamination approaches for stability and shelf-life improvement of herbal drugs: A concise review. *The Microbe.* 2024 Apr 14;3:100070.<https://doi.org/10.1016/j.microb.2024.100070>
  53. Sharma P, Tandon S, Aggarwal A. Enhancing Transdermal Delivery Of Poorly Water-Soluble Nsaids: Effective Strategies. *Int J Curr Pharm Sci.* 2024 Nov 15;15. <https://dx.doi.org/10.22159/ijcpr.2024v16i6.5070>
  54. Hye T, Moinuddin SM, Sarkar T, Nguyen T, Saha D, Ahsan F. An evolving perspective on novel modified release drug delivery systems for inhalational therapy. *Expert Opinion on Drug Delivery.* 2023 Feb 18;20(3):335–348. <https://doi.org/10.1080/17425247.2023.2175814>
  55. Oh JY, Choi E, Ryu JH, Yang G. Mesoporous silica nanoparticle-supported nanocarriers with enhanced drug loading, encapsulation stability, and targeting efficiency. *Biomater Sci.* 2022 Jan 1;10(6):1448–1455.<https://doi.org/10.1039/D2BM00010E>
  56. Mhaske A, Kaur J, Naqvi S, Shukla R. Decitabine enclosed biotin-zinc conjugated nanoparticles: synthesis, characterization, in vitro and in vivo evaluation. *Nanomedicine.* 2024 July 23;19(21–22):1–18. <https://doi.org/10.1080/17435889.2024.2374700>
  57. Anwar DM, Hedeya HY, Ghazlan SH, Ewas BM, Khattab SN. Surface-modified lipid-based nanocarriers as a pivotal delivery approach for cancer therapy: application and recent advances in targeted cancer treatment. *Beni-Suef Univ J Basic Appl Sci.* 2024 Oct 23;13(1).<https://doi.org/10.1186/s43088-024-00566-x>
  58. El-Far SW, Abo El-Enin HA, Abdou EM, Nafea OE, Abdelmonem R. Targeting Colorectal Cancer Cells with Niosomes Systems Loaded with Two Anticancer Drugs Models; Comparative In Vitro and Anticancer Studies. *Pharmaceutics.* 2022 June 30;15(7):816. <https://doi.org/10.3390/ph15070816>
  59. Arora S, Dash SK, Dhawan D, Sahoo PK, Jindal A, Gugulothu D. Freeze-drying revolution: unleashing the potential of lyophilization in advancing drug delivery systems. *Drug Deliv and Transl Res.* 2023 Nov 20;14(5):1111–1153. doi:10.1007/s13346-023-01477-7
  60. Jadhav K, Kole E, Singh R, Rout SK, Verma RK, Chatterjee A, et al. A critical review on developments in drying technologies for enhanced stability and bioavailability of pharmaceuticals. *Drying Technology.* 2024 May 18;42(9):1415–1441. <https://doi.org/10.1080/07373937.2024.2357181>
  61. Hu X, Zhang B, Du X, Zhang H, Zhu T, Zhang S, et al. Recent Advances and Future Perspectives on Heat and Mass Transfer Mechanisms Enhanced by Preformed Porous Media in Vacuum Freeze-Drying of Agricultural and Food Products. *Foods.* 2025 Aug 25;14(17):2966.<https://doi.org/10.3390/foods14172966>
  62. Eijkelboom NM, Van Boven AP, Siemons I, Wilms PFC, Boom RM, Kohlus R, et al. Particle structure development during spray drying from a single droplet to pilot-scale perspective. *Journal of Food Engineering.* 2023 Jan 1;337:111222.<https://doi.org/10.1016/j.jfoodeng.2022.111222>
  63. Jayaprakash P, Gaiani C, Edoth JM, Borges F, Beaupeux E, Maudhuit A, et al. Comparison of Electrostatic Spray Drying, Spray Drying, and Freeze Drying for Lacticaseibacillus rhamnosus GG Dehydration. *Foods.* 2023 Aug 19;12(16):3117. <https://doi.org/10.3390/foods12163117>
  64. Pacchetti B., Costanzo A. Topical composition comprising cannabidiol incorporated in niosomes. Patent Application US20230081357A1; United States Patent and Trademark Office (USPTO), 2023.
  65. Topical pharmaceutical formulation for treatment of chronic pelvic pain. Patent Application US20240033213; United States Patent and Trademark Office (USPTO), 2024.
  66. Therapeutic topical composition for skin treatment. International Patent WO2025078919A1; World Intellectual Property Organization (WIPO), 2025.
  67. IoannouSartzi M, Drettas D, Stramarkou M, Krokida M. A Comprehensive Review of the Latest Trends in Spray Freeze Drying and Comparative Insights with Conventional Technologies. *Pharmaceutics.* 2024 Nov 29;16(12):1533. <https://doi.org/10.3390/pharmaceutics16121533>
  68. Momekova DB, Gugleva VE, Petrov PD. Nanoarchitectonics of Multifunctional Niosomes for Advanced Drug Delivery. *ACS Omega.* 2021 Dec 6;6(49):33265–33273.doi:10.1021/acsomega.1c05083
  69. Arshad N, Shaheen F, Khan IN, Naeem S, Riaz M, Siddique MI, et al. A comprehensive review on niosomes: novel manufacturing techniques, factors influencing formation, applications and recent advances. *International Journal of Polymeric Materials and Polymeric Biomaterials.* 2024 Nov 15;74(15):1331–1348.<https://doi.org/10.1080/00914037.2024.2426611>

70. Gugleva V, Momekov G, Petrov P, Najdenski H, Mihaylova R, Rangelov S, et al. Formulation and Evaluation of Hybrid Niosomal In Situ Gel for Intravesical Co-Delivery of Curcumin and Gentamicin Sulfate. *Pharmaceutics*. 2022 Mar 30;14(4):747. <https://doi.org/10.3390/pharmaceutics14040747>
71. Moammeri A, Chegeni MM, Sahrayi H, Ghafelehbashi R, Memarzadeh F, Mansouri A, Akbarzadeh I, Abtahi MS, Hejabi F, Ren Q. Current advances in niosomes applications for drug delivery and cancer treatment. *Materials Today Bio*. 2023 Dec 1;23:100837. <https://doi.org/10.1016/j.mtbio.2023.100837>
72. Peltonen L. Design space and QbD approach for production of drug nanocrystals by wet media milling techniques. *Pharmaceutics*. 2018 Jul 25;10(3):104. <https://doi.org/10.3390/pharmaceutics10030104>
73. Iacob AT, Ababei-Bobu A, Chirliu OM, Lupascu FG, Vasincu IM, Apotrosoaei M, et al. A State-of-the-Art Review on Recent Biomedical Application of Polysaccharide-Based Niosomes as Drug Delivery Systems. *Polymers*. 2025 Jun 4;17(11):1566. <https://doi.org/10.3390/polym17111566>
74. Al Jayoush AR, Hassan HA, Asiri H, Jafar M, Saeed R, Harati R, Haider M. Niosomes for nose-to-brain delivery: A non-invasive versatile carrier system for drug delivery in neurodegenerative diseases. *Journal of Drug Delivery Science and Technology*. 2023 Nov 1;89:105007. <https://doi.org/10.1016/j.jddst.2023.105007>
75. Salamah M, Volk B, Lekli I, Bak I, Gyöngyösi A, Kozma G, Kónya Z, Szalencó-Tökés Á, Kiricsi Á, Rovó L, Balogh-Weiser D. Preparation, and ex vivo and in vivo Characterization of Favipiravir-Loaded Aspasomes and Niosomes for Nose-to-Brain Administration. *International Journal of Nanomedicine*. 2025 Dec 31:6489-514. <https://doi.org/10.2147/IJN.S518486>
76. Trucillo P, Nebbioso V, Brancaccio R, Gigante L. Nanocarrier-embedded gels: Precision drug delivery via liposomal and niosomal platforms. *Polymers for Advanced Techs*. 2024 Apr 1;35(4). <https://doi.org/10.1002/pat.6406> Digital Object Identifier (DOI).

