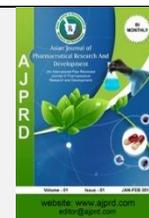


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Research Article

Astro Pharmacological Perspective of Vitamins

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ABSTRACT

The pharmacological connectivity of vitamins with astrology is new concept of complementary medicine. Vitamins have chemo - preventive value in therapeutics. The Elementkresis explains completes their solubility on the basis of sun and moon traits.

Keywords: Vitamin, Astro pharmacology, Solar trait, Lunar trait, Chemo preventive.

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INTRODUCTION

The pharmacological connectivity of vitamins with astrology¹⁻⁴ is new concept for complimentary medicine. The published review 'The Astrological Biochemistry of Vitamins'. Supports the astrological significance⁵. The chemo preventive roles of vitamins in biochemical pharmacology is beneficial for patients. The elementkresis of vitamins (Table one) can be correlated with their solubilities.

Theoretical Methodology

Vitamins have biochemical, nutritional, dietary and chemo – preventive importance⁶⁻⁸. Pharmacologically

they are prescribed in special cases where drugs antagonized their biochemical actions. The astrological concept of vitamins is derived by elementkresis¹⁻⁴.

Discuss and Result

The solar trait is more dominating than lunar. It imparts lipophilic efficiency for absorption and distribution. Hydrophilic Vitamin C has greater lunar trait so, it is more soluble in water and undergoes rapid elimination. The solubility difference can be attributed to lower number of even and odd atomic numbers (table two).

Table-1: Astro pharmacological Elementkresis of Selected Vitamins¹⁻⁴

Vitamins	Molecular Formula	Number of Carbon atoms moon	Number of Hydrogen atoms sun	Number of Oxygen atoms moon	Numbers of Nitrogen atoms	Number of even atomic numbers	Number of odd atomic numbers
A	C ₂₀ H ₃₀ O	20	30	01	0	21	30
B 12	C ₆₃ H ₈₈ CoN ₁₄ O ₁₄ P	63	88	14	14	77	102
C	C ₆ H ₈ O ₆	06	08	06	0	12	08
D	C ₂₇ H ₄₄ O	28	44	01	0	29	44
E	C ₂₉ H ₅₀ O ₂	29	50	02	0	31	50
K	C ₃₁ H ₄₆ O ₂	31	46	02	0	33	46
P (Rutin)	C ₂₇ H ₃₀ O ₁₆	27	30	16	0	43	30

H (Biotin)	C ₁₀ H ₁₆ N ₂ O ₃ S	10	16	03	02	12	18
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Table: 2 – Elemental and Atomic numbers Ranges of Lipophilic Vitamins (A, D, E, K)¹⁻⁴

Elements and Atomic Numbers	Ranges	Astrological Traits
Carbon	20 – 31	Lunar
Hydrogen	30 – 50	Solar
Oxygen	1 – 2	Lunar
Even Atomic Numbers	21 – 23	Mixed Traits
Odd Atomic Numbers	30 – 50	Mixed Traits

The chemoprevention through vitamins is inexpensive, safe and improve quality of life. The tumoricidal vitamins A, C and E are nutritional blessing as they suppress carcinogenic process by anti-oxidative and anti-inflammatory activities⁶⁻⁸. Astrologically solar, lunar and mercurial traits augment chemoprevention by imparting favorable cosmic supports.

The vitamin B- complex has aphrodisiac effect⁹, which can be interpreted in astrological terms – Sun (love), Moon (emotional affinity) and mercury (expression). In other words it behaves as life style drug. Recently

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Vitamin A, Vitamin B₉, B₁₂, Vitamins C, D and E are found be gene nutrients¹⁰. They enhance telomeric length thereby cancer is prevented and longevity is enhanced.

CONCLUSION

Vitamins improve the physical life by potentiating movement threshold of muscles at bioenergetics levels. The ultimate guide to the astrological based functional nutrition is fortified by vitamins being healthy rewards.